

Cougar Prints

Central Lutheran School - St. Paul, MN



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SEPTEMBER 18, 2009
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School Calendar

- 9/18 CC at LCS (Powder Horn Park) 4:15
4-6 & 7/8 Soc Prac. 3:35-5:00
- 9/19 7/8 Soc Tournament Away @ SJMG
vs. St. Martin's Noon
vs. SJMG 2:30
vs. TBA 6:15
- 9/21 4-8 CC Prac. 3:35-4:45
7/8 Soc Home vs. KOK 4:15
- 9/22 4-8 CC Prac. 3:35-4:45
4-6 Soc Home vs. SJER 4:15
7/8 Soc Home vs. SJER 5:15
- 9/24 4-8 CC Prac. 3:35-4:45
4-6 Soc Away vs. TSF 4:15
7/8 Soc Away vs. TSF 5:15
- 9/25 CC at KOK (Central Park Roseville) 4:15
4-6 & 7/8 Soc Prac. 3:35-5:00
- 9/28 Picture Day

October 3, 2009 All School Marathon

Preschool – 3rd Grade at CLS
from 9:00 a.m to 12:00 p.m.

4th – 7th Grade at Central Park
from 9:00 a.m to 1:00 p.m.

8th Grade 100 Mile Bike Trip
Details from Mr. Heuton

October 9, 2009
Grandparents' Day
11:30 a.m. Dismissal
Calendar of Events Coming Soon

LUNCH MENU 9/21 – 9/25

Monday – Tomato Bisque, Cheese Bread, Apple Sauce, Brownie

Tuesday – Steamed Dumplings w/Chicken Gravy, Green Beans, Fruit Cocktail, Yellow Cake

Wednesday – Sloppy Jo's/Bun, Baked Beans, Chips, Apple Crisp

Thursday – New Menu Item

Friday – Cheese & Pepperoni Pizza, Tossed Salad, Fresh Fruit, Rice Krispie Bar

MISSION STATEMENT

In partnership with home and church, the mission of Central Lutheran School is to make Christian disciples of our students and to equip them with fundamental knowledge and skills for responsible citizenship in the community and the world.

THE DIRECTOR'S CORNER

"Study to show thyself approved unto God..."

2 Timothy 2:15

Recently I was reading through some back to school tips. It struck me that we as Christians could take some of those tips and get ourselves geared up to serving the Lord. We need to get back to the school of life for Christ.

Christian Back To School Tips:

Get Enough Sleep. (Rest in the Lord)

As parents we all know the benefits of getting our children to bed early on a school night. They need that added rest in order to get up early in the morning. A good night's sleep will work wonders on your attitude the next day and it will help your whole disposition. Resting in the Lord will also make you fit and ready for the day. It will recharge you.

Get a Healthy Breakfast. (Have Prayer and Bible Study)

The experts all agree that giving a child breakfast before school helps in knowledge retention, test scores, and overall learning. As Christians we need to get a healthy breakfast of Bible study and prayer. Having some type of personal devotions will fuel you for the day.

Follow The Rules.

(Use the Bible as Your Guide)

School couldn't be productive if it weren't for the rules. We can all remember some of the basics. No fighting. No talking during class. No chewing gum. As Christians we have the best rule book of all. It covers all of the basics. We need to use it as a guide on a daily basis. All of those do's and don'ts in God's Word are there to help us live productive lives.

Develop Good Work and Study Habits.

(Develop Good Bible Study Habits)

Children that develop good study habits are the ones who sail through school without

FEED MY STARVING CHILDREN UPDATE

We had an excellent response to our chapel project for FMSC this week. Students brought in coins and dollars in their M&M containers that totaled \$280.00. Great job!!! We also received a private donation for another \$300.00. That brings our total to \$585.16 so far. We still have two chapel services left

major problems. We as Christians need to develop good study habits when it comes to God's Word. Knowing the Word is what is going to make or break us. We've got to know the Word of God in order to live it.

Try Your Best.

(Do Your Best for Christ)

Teaching our children to do their best will bring results and they can be proud of themselves. It's rewarding to do your best. As Christians we need to strive to do our best in whatever we do. After all we are doing it to honor God.

Get Along With Your Classmates. (Fellowship With Other Christians)

When children are taught to get along together at school it causes such a good atmosphere for learning. When we as Christians get along with each other and fellowship with one another, it causes more productive lives, which helps further the cause of Christ.

Get To Know Your Teacher. (Know Christ More)

One of the first things a student needs to learn is what is expected of him from his teacher. How does that teacher deal with homework? With classroom policies? With grades? We need to know what Christ expects of us. Getting to know God will help us serve Him better.

Conclusion:

I hope I can remember to follow these tips. I want to be a prepared and productive student of the Lord.

*So, are you ready for
the school of life?*

Mrs. Illian, K-8 Director

Church Worship Schedule

Please feel free to visit one of our association congregations

Bethel Lutheran Church

670 W. Wheelock Parkway - St. Paul
Phone: (651) 488-6681

Sunday Worship

9:30 a.m. - Sunday Worship
11:30 a.m. - African Worship

Emmaus Lutheran Church

1074 Idaho Ave. West - St. Paul
Phone: (651) 489-9426

Sunday Worship

8:30 a.m. - Traditional Worship
11:00 a.m. - Blended Worship
9:45 a.m. - Education Hour

Jehovah Lutheran Church

1566 Thomas Ave. - St. Paul
Phone: (651) 644-1421

Sunday Worship

9:00 a.m. - Prayer & Praise Worship
9:15 a.m. - Sunday School (Sept-May) and Adult Bible Study
10:30 a.m. - Liturgical Worship

Fellowship Time (coffee, juice & treats) after each service

St. Stephanus Lutheran Church

739 Lafond Ave. - St. Paul
Phone: (651) 228-1486

Sunday Worship

8:00 a.m. - Traditional Worship
9:15 a.m. - Education Hour
10:30 a.m. - Contemporary Worship
12:00 p.m. - Eritrean Worship

Safety Patrol

For the Week of:
September 21-25, 2008

Allison G. (7th Grade) - a.m.
Michael G. - a.m.
Paul S. - a.m.

Roxanne T. - p.m.
Maddie H. - p.m.

Flag Patrol

For the Week of:
September 21-25, 2008

KariAnn G.
Isaac H. (6th Grade)
Anna L.



ATTENTION MOMS!

Do you worry about your children? Come experience how you can replace your anxiety and fear with peace and hope by praying with other moms. Moms In Touch International gathers moms together to pray specifically and scripturally for our children and school. Won't you join with us in prayer for this next generation? We meet on Fridays from 9:05-10:15 a.m. in the CLS Library and all women are welcome to

pray with us. For more information about our group, please contact Brenda Walsh at pbwalsh328@usfamily.net, or 651-488-4354.

If you have something that you would like prayed for by the Moms In Touch group, confidential requests may be sent to prayer@clssp.org. We meet on Fridays and cover in prayer the requests submitted.

GERMAN DINNER FUNDRAISER FOR MURRAYS

Come and enjoy sauerkraut, German potato salad & pork chops at Bethel's German Dinner on Friday, September 18, 2009 at 5:30 p.m. This dinner is a benefit for Maureen Murray. Maureen has been diagnosed with phase 4 gastric cancer & her oncologist's prognosis does not expect her to live for a year even if she starts chemotherapy immediately. She has experienced 4 months of no pain & relatively good health. CT scans indicate that the cancer has not spread or grown within this time

frame due to the diet, supplements & the alternative health plan she is on. This fundraiser will be led by the Women's Fellowship groups at Bethel Lutheran & Emmaus Lutheran to assist the Murray family in paying for supplements & treatment costs which are largely not covered by insurance. Please come to encourage the Murrays and enjoy fellowship at Bethel. Cost is \$10 for adults and \$5 for those under 12. The evening dinner will be served from 5:30 to 7:00 p.m.

BAND LESSON INFORMATION

Music on the Move instructor, Beth Tradup, will begin band lessons on Monday, September 21, in the music room. If you are have registered for band and have paid the registration fee, please bring your instrument and book to school on Monday. If you haven't turned in your registration and fee yet, bring that in on Monday. Please let Mrs. Wegner know you'll be coming so that you can be added to the schedule. Some students may have lessons on Tuesdays.

Monday Band & Lesson schedule:

(these are the students that have registered)

8:40 - Anna M.
9:15 - Harper A.
9:40 - Anna L.
10:05 - C.J. C.
10:30-11:15 - open
11:15-11:45 - Band Practice
(Anna M., Harper, Anna L., C.J., Bobby, & Noel Krum)
3:00-3:25 - Bobby S.

GRANDPARENTS' DAY ADDRESSES

If you have grandparents that should be included on our annual Grandparents' Day mailing, please submit their address to the office as soon as possible. Invitations to this event will be sent out early next week, so we need to make sure that all grandparents receive this

invitation. Even if you believe that the office has the address to your grandparents, send it in anyway so that we can make sure that it matches the address that is on file. If you wish, you may also e-mail addresses to sbartels@clssp.org. Thank you!

FINANCIAL UPDATE

If you have not submitted your TADS form this year, please keep in mind that we cannot award any scholarship funds without a completed TADS form. In addition, you are responsible for your account balance until the TADS form is completed and evaluated. Also, we have implemented a new automatic payment program for this school year. **We will continue using VANCO this year.** The program that we are using is called *Simply Giving* and is supported by *Thrivent Financial*. **VANCO Services** will be processing the payments through *Simply Giving*. **This year, we will not be charging a fee to enroll in the VANCO payment program.** Only credit cards (not checking/savings account transfers) will be charged a 3% fee per transaction. All families, unless tuition is prepaid, are strongly encouraged to enroll in this new system, as the costs to you for paying monthly at the office are **significant!** Please speak with Mrs. Illian directly if you have any questions about these items.

